

Chocolate Almond Butter and Hemp Seed Smoothie Bowl



RECIPE OF THE WEEK from Affordable Wholefoods

This week we are featuring another delicious summery recipe from Meg Phillips. Meg is a master of all things cakes, balls and smoothies and specialises in vegan cooking. Here she has combined our Hemp Protein Powder with fresh almond butter and organic cacao for a winning summer combo. Enjoy!

Ingredients:

8 raw macadamia nuts (we love our local biodynamic)

1/2 cup almond milk

1 & 1/2 tablespoons organic cacao powder

1 tablespoon Organic Canadian Hemp Protein Powder

4 frozen bananas

1 tablespoon creamy almond butter (you can buy fresh from our machine in store – Lismore)

Method:

1. Blend the macadamias, almond milk, cacao powder and hemp powder until the macadamias are completely ground down.
2. Add the frozen banana and almond butter and blend until smooth and creamy.
3. Put into a bowl and top with your favourite granola (our Energy Mix blend is spot on), hemp seeds, fresh fruit and a homemade bliss ball. Enjoy!

Dairy Free | Vegan | Gluten Free